WIC FOOD	BRAND/TYPE	AMOUNT	SIZE	# OF VARIETIES	
NEW ITEMS AND SPECIFIC VARIETIES Cereal	ONLY THESE BRANDS: Cold Cereal Any Store Brand Crispy Rice Any Store Brand Toasted Oats General Mills Chex: Corn, Rice, Wheat General Mills Cheerios: Plain and Multi- Grain General Mills Kix: Plain General Mills Total: Plain Kellogg's Corn Flakes Kellogg's Special K: Plain Kellogg's Special K: Plain Kellogg's Frosted Mini Wheats: Bite Size Kellogg's Frosted Mini Wheats: Bite Size Kellogg's Rice Krispies Malt-O-Meal Crispy Rice Malt-O-Meal Frosted Mini Spooners Post Banana Nut Crunch Post Honey Bunches of Oats: Almond, Honey Roasted and Vanilla Post Grape Nuts Quaker Life: Plain Quaker Oatmeal Squares: Brown Sugar and Cinnamon Hot Cereal Cream of Wheat Instant Original Flavor Malt-O-Meal Original Hot Wheat Cereal Quaker Instant Oatmeal Original flavor, single serving packets only)	24 or 24 or 24	boxes or bags, 12 ounce or larger of cold cereal boxes, 11.8 ounces or larger of hot cereal boxes and bags, appropriate size as listed above of hot and cold cereal combined	4 brands: one must be General Mills Plain Cheerios, one must be General Mills Plain Kix and two other brands	
Do not count or	rganic or variety packs.	T	T		
Dry Beans / Peas / Lentils	Any eligible brand and type of dry beans, peas or lentils in one (1) pound bulk or prepackaged (not more than 16 ounces)	8	pounds	1 type Dry Beansand 1 type Peas or Lentils	
Do not count or flavored, seaso	Do not count organic or immature varieties (i.e., green beans, snap beans, yellow beans or wax beans), fresh, frozen, flavored, seasoned, or gourmet, bean soup mixes with flavoring packets and spices and refried beans.				
Peanut Butter	Any eligible brand of plain (creamy, chunky, super chunk or natural) peanut butter. Low sugar and low sodium are allowed.	8	16 to 18 ounce jars	not applicable.	
	Do not count 'grind your own', organic, low fat or reduced fat, spreads, tubes or added ingredients (i.e., jams, jelly, marshmallow, chocolate or honey).				
NEW ITEM Bread	Any eligible brand, labeled 100% whole wheat bread in loaves, buns, or rolls. Must list whole wheat as the first ingredient.	12	packages, up to 16 ounces	Not applicable	
Do not count or	l rganic, gluten-free, diet, light, or mini-loaves.			l	

WIC FOOD	BRAND/TYPE	AMOUNT	SIZE	# OF VARIETIES	
NEW ITEM Corn Tortillas	Any eligible brand, soft corn plain, yellow, or white tortillas.	12	packages, up to 16 ounces	Not applicable	
Do not count or	Do not count organic, corn tortilla chips, tostada or taco shells.				
NEW ITEM Brown Rice Do not count or	Any eligible brand, long or short grain brown rice. ganic or instant.	12	bags, up to 16 ounces	Not applicable	
NEW BRAND AND SPECIFIC VARIETIES	Lowest Cost Brand of refrigerated milk.	28	gallon containers	2 types: one must be 2% and one must be whole	
Do not count pi	Do not count pint, quart or half gallon containers, organic, raw, chocolate or flavored milk, buttermilk, half & half, acidophilus, rice or filled milk (i.e., evaporated or sweetened condensed), or non-dairy products.				
NEW ITEM Soymilk	Pacific Ultra Soy, plain and vanilla only. 8 th Continent, original	*see note	quart and/or 1/2 gallon containers	not applicable.	
Do not count pi	nt or gallon containers, organic, light or fat-free	or flavored	· soymilk (except Pacific	: : Ultra Soy vanilla).	
NEW ITEM	Meyenberg, fresh only, whole or low fat	*see note	quart containers		
Goat's Milk					
Do not count ev	vaporated or powdered.				
NEW ITEM Tofu	Any eligible brand, water-packed, any texture calcium set tofu with NO added sugar, fat, oil or salt.	*see note	packages, up to 16 ounces	not applicable.	
Do not count or	Do not count organic.				
NEW SIZE AND SPECIFIC VARIETIES Cheese	Any eligible brand, plain, domestic cheese (16 ounces only) prepackaged in blocks. ONLY THESE TYPES: Cheddar (includes longhorn) Colby (includes Longhorn) Monterey Jack Mozzarella (whole or part skim –	8	pounds	3 types: one must be Cheddar, one must be Monterey Jack, and one other type	
(i.e., peppers, p	includes string cheese) Blended cheese (blend of any type listed above) eli counter or random weight cheese, organic o bimentos, wine, etc.), cream cheese, cheese theese foods, cheese products, cheese spreads.	at is sliced, s	hredded, cubed, or str		

^{*} **Note:** Due to manufacturer timing of availability and distribution of this new product, the Department has not set a minimum stock requirement at this time. However, if a WIC participant makes a request for this item, the Vendor must order the item and make it available within five (5) calendar days.

EFFECTIVE DATE: October 1, 2009

WIC FOOD	BRAND/TYPE	AMOUNT	SIZE	# OF VARIETIES
NEW SIZES AND VARIETIES Eggs	Any eligible brand, fresh, raw, white chicken eggs.	16	small, medium, or large - one (1) dozen cartons	one size must be large
	nic or specialty (low cholesterol, DHA, free reggs or egg substitutes.	ange, cage fr	 ree, nest and fertile), si	x-packs, brown,
NEW ITEMS AND SPECIFIC VARIETIES Juice	Only these brands, 100% juice, with NO sugar or sweeteners added: 64 ounce shelf stable: Any brand Orange and Grapefruit Campbell's Tomato Seneca Apple Shurfine Apple and Grape Treetop Apple Langer's Apple, Grape and Pineapple Welch's Grape and White Grape Western Family Apple and Grape	16	64 ounce single strength or 11.5/12 ounce frozen containers	3 types: one must be 64 ounce Tree Top Apple shelf stable Juice, one must be any brand 11.5 or 12 ounce frozen Orange Juice and one other type
	64 ounce refrigerated: Any brand Orange and Grapefruit 11.5 – 12 ounce frozen: Any brand Orange and Grapefruit Dole Pineapple and Pineapple – Orange Langer's Apple Old Orchard Apple, Grape and Pineapple Seneca Apple Shurfine Apple Treetop Apple Welch's Grape and White Grape Western Family Apple and Grape			

<u>Do not</u> count organic, fresh, and non-frozen concentrate, juice in glass bottles or juice in 6-ounce frozen containers or juices with other added ingredients (including but not limited to grape seed extract, ginseng, guarana, taurine, caffeine, carnitine, chromium, St. John's Wort, wheatgrass, Ginkgo Biloba or others).

WIC FOOD	BRAND/TYPE	AMOUNT	SIZE	# OF VARIETIES	
NEW ITEM Fruits and Vegetables	Any variety of fresh, whole or cut, fruits and vegetables. Bagged fruits and vegetables (including lettuce) are allowed.	32	pounds	2 types of fruits: one must be bananas and one other type and 2 types of vegetables.	
(i.e., squash blo	<u>Do not</u> count potatoes (except sweet potatoes or yams), canned or frozen, herbs or spices, edible blossoms of flowers (i.e., squash blossoms), fruits and vegetables served at a salad bar, salad kits, ornamental fruits and vegetables (i.e., chilies on a string or painted pumpkins), fruit baskets, party trays or nuts (including peanuts).				
NEW AMOUNT Tuna	Any eligible brand, chunk light, water packed tuna.	12	5 or 6 ounce cans	not applicable.	
Do not count organic or oil packed, prime fillet, solid white, albacore, flavored or seasoned, pouches or lunch kits, or with added ingredients or soy protein.					
NEW ITEM Salmon	Any eligible brand, plain water-packed, pink salmon.	12 or 10 or	5 ounce cans 6 ounce cans	not applicable.	
		8	7.5 ounce cans		
<u>Do not</u> count organic or oil packed, Red Sockeye, flavored, seasoned, pouches, lunch kits or with added ingredients.					

				# OF	
WIC FOOD	BRAND/TYPE	AMOUNT	SIZE	VARIETIES	
Infant Formula	Similac Advance with Iron (with or without EarlyShield)			not applicable.	
	Powder	36	12.9 ounce cans		
	AND	AND			
	Concentrate (NEW AMOUNT)	31	13 ounce cans		
	Similac Isomil Advance Soy with Iron			not applicable.	
	Powder	18	12.9 ounce cans		
	AND	AND			
	Concentrate	31	13 ounce cans		
SPECIFIC BRANDS AND	Beechnut or Gerber, plain without fruit.	18	8 ounce boxes	not applicable.	
VARIETIES	Only these varieties:	or			
Infant cereal	Barley	9	16 ounce boxes		
	Oatmeal Rice	or	any combination of 8 and 16 ounce boxes that equals 144 ounces		
	Do not count organic or high protein, mixed, cereals with fruit, sugar, yogurt or formula or DHA/ARA added, single serving, cups, jars or cans.				
NEW ITEM	Any eligible brand, stage 2, infant fruits and vegetables, single or combination of	64	4 ounce jars	2 types of fruits	
Infant jarred foods - fruits and vegetables	single variety (i.e., apples and bananas).			2 types of vegetables	
Do not count organic or with added sugars, salts or starches, desserts, dinners, and food combinations.					
NEW ITEM	Any eligible brand, any stage, infant meats, single variety with added broth or	31	2.5 ounce containers	not applicable.	
Infant jarred foods - meats	gravy.	dia a a a a a a a a a a a a a a a a a a	in all annulis of		
<u>Do not</u> count organic or with added sugars, salts or starches, dinners, and food combinations.					